



Pacific Health Options

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INTRODUCTION TO CELLULAR REJUVENATION

- 09H00 Registration
- 09H30 Introduction to the RITM HOME device
Introduction to the RITM EXPERT (those who have not taken RITM EXPERT course)
- 11H00 Introduction to Cellular Rejuvenation and new nutritional knowledge (Dr. John Hache, DNM)
- 11H30 Use of electrical stimulation to strengthen collagen, to increase muscle tone and for stimulation of specific muscle groups and meridians.(Dr. John Hache, DNM)
- 12H00 Break
- 13H00 Practicing techniques for dermal rejuvenation on partners (Dr. Lorraine Vanbergen-Hache, MA, Psy.)
- 17H00 Question and answer period and certification